

NORTHWESTERN

MS

PERCUSSION

WARM-UP PACKET

2018-19

BREATHING GYM

Warm-Up

- Field goal arms, twisting and turning inhaling and exhaling on your own terms
- Shake it off

5 in, 15 sip, half and half, ssss!!!

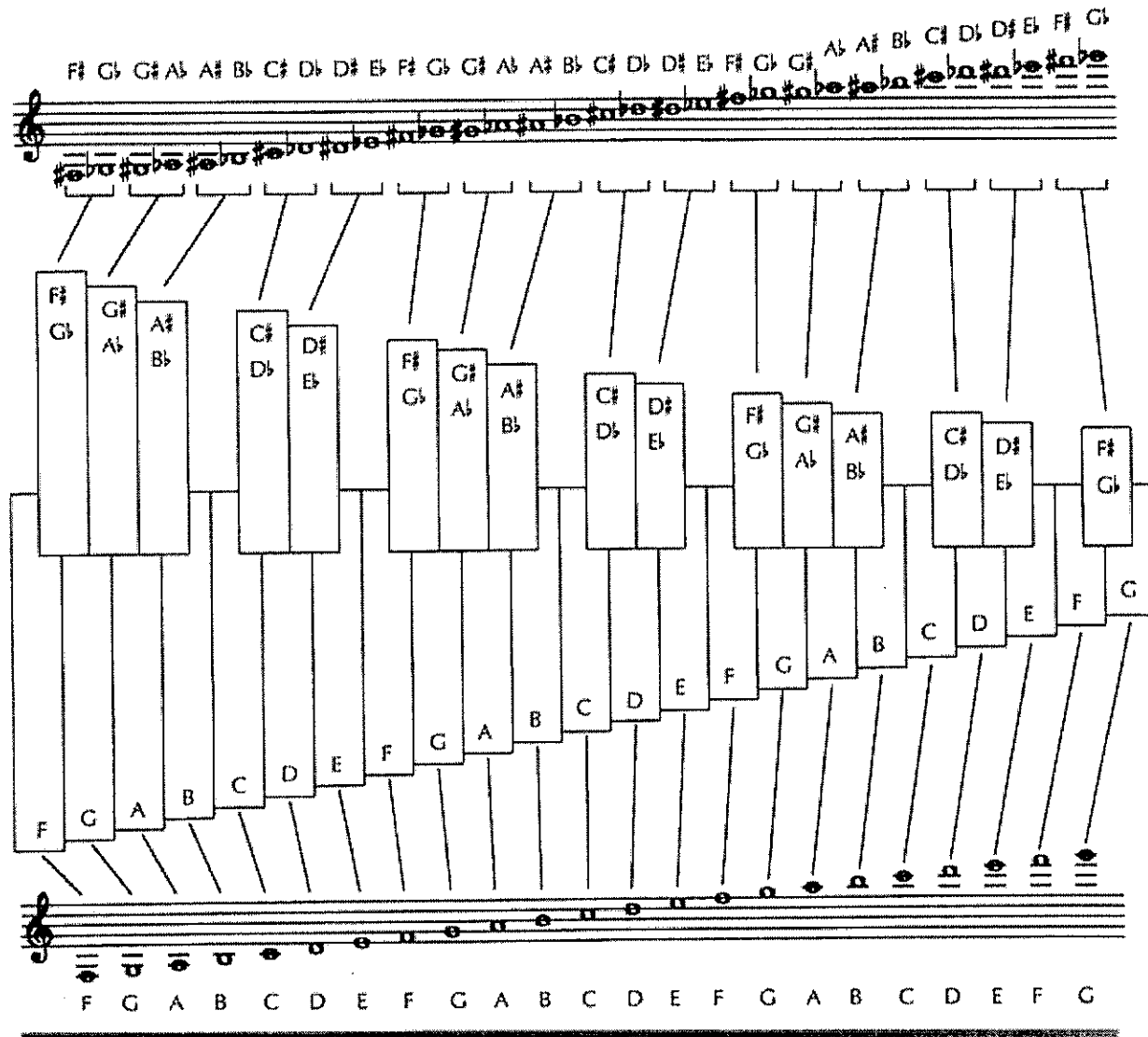
- Inhale in a pattern for 5 beats
 - Quarter, eighths, triplets, sixteenths,
 - Inhale sip for 15
- Exhale release, Capture the air and pause and release again
- Finish the rest of your air with a "sssssss"
- Breath in 1, Sigh out 1

Inhalation and exhalation

- Inhale for 4 counts with your hand over mouth long ways
 - Exhale straight ahead with your palm in front of your face for 4 counts.
 - Continue using these patterns
-
- In for 4, out for 4
 - In for 3, out for 4
 - In for 2, out for 4
 - In for 1, out for 4
 - In for 1, out for 5
 - In for 1, out for 6
 - In for 1, out for 7
 - In for 1, out for 8
 - In for 1, out for 9
 - In for 1, out for 10
 - Breath in for 1, sigh for 1

MALLET PERCUSSION KEYBOARD LAYOUT/NOTE CHART

While each mallet instrument has its own special sound, they all have basically the same keyboard layout, like the one shown below. (Actual range of notes depends on the instrument.)



PERCUSSION SURVIVAL KIT

- | | |
|---|--|
| <input type="checkbox"/> 2 soft clean cloths | <input type="checkbox"/> drum key |
| <input type="checkbox"/> extra drum sticks and mallets | <input type="checkbox"/> petroleum jelly or light grease |
| <input type="checkbox"/> 2 triangle beaters (different weights) | <input type="checkbox"/> household machine oil |
| <input type="checkbox"/> pitch pipe or tuning fork (for tuning timpani) | <input type="checkbox"/> spare batter and snare heads |
| <input type="checkbox"/> stick/mallet bag | <input type="checkbox"/> pencil |
| <input type="checkbox"/> practice pad | <input type="checkbox"/> band music |
| <input type="checkbox"/> music stand | <input type="checkbox"/> method book |

Flow Studies Snare

Mr. Gee

$J = 100$

4/4 ^R

4

4

4

4

Bells



FLOW STUDIES

1

Lip Slurs Snare

Arr. Mr. Gee

$J = 100$

#1 and #2

7

#3

9

12

Bells

Lip Slur Exercises

1.

2.

3.

Tuning Chords

Chromatic Scale #1



Chromatic Scale #2



Chromatic #3



8



Drum Rudiment System

Quick Guide

Single Stroke Rudiments

Single Stroke Roll

RLRLRL...



Single Stroke Four

RLRL...



Single Stroke Seven

RLRLRLR...



Paradiddle Rudiments

Single Paradiddle

RLRR LRL...



Double Paradiddle

RLRLRR LRLRL...



Triple Paradiddle

RLRLRLRR LRLRLRL...



Single Paradiddle-diddle

RLRRLL or LRLRR...



Drum Roll Rudiments

Multiple Bounce Roll

RLRLRL...



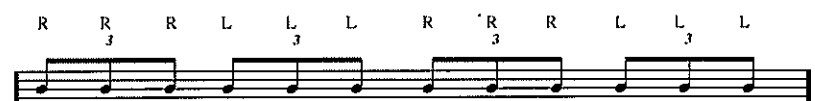
Double Stroke Roll

LLRRLLRR...



Triple Stroke Roll

RRRLLLRRRLLL...



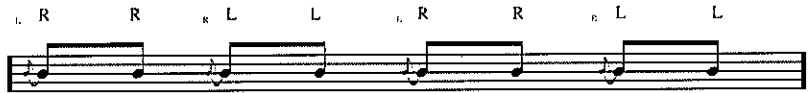
DRUM Rudiment System

Quick Guide

Flam Rudiments

Flam Tap

IR R rL L IR R rL L ...



Flam Accent

IR L R rL R L ...



Flamacue

IR L R L IR or rL R L R rL ...



Flam Paradiddle

IR L R R rL R L L ...



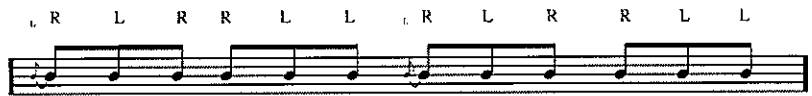
Single Flammed Mill

IR R L R rL L R L ...



Flam Paradiddle-diddle

IR L R R L L rL R L L R R ...



Swiss Army Triplet

IR R L or rL L R ...



Inverted Flam Tap

IR L rL R IR L rL R ...



Pataflafia

IR L R rL IR L R rL ...



Flam Drag

IR L L R or rL R R L ...



Drum Rudiment System

Quick Guide

Drag Rudiments

Drag Ruff
RR L or LL R...



Single Drag Tap
RR LR or LL RL...



Double Drag Tap
RR LR LR or LL RL RL...



Lesson 25
RR LL or LL RR...



Single Dragadiddle
RR LR LR LL RL RL...



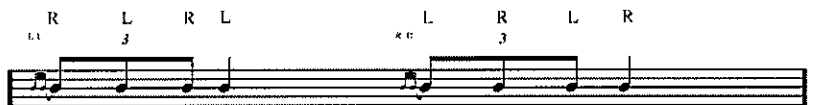
Dragadiddle 1
RR LR LR LR LL RL RL...



Dragadiddle 2
RR LR LL RL LR LR LR LR...



Single Ratamacue
RR LR LR or LL RL RL...



Double Ratamacue
RR LR LR LR or LL RL RL RL...



Triple Ratamacue
RR LR LR LR LR LR LR... or LL RL RL RL RL...



Tonguing Exercises

Mallets

EDHS 2012

①



Rhythm Grid

This image displays a 'Rhythm Grid' consisting of 10 rows and 6 columns of musical notation. Each cell in the grid contains a numbered exercise (1 through 54) written on a five-line staff with a treble clef. The exercises are designed to teach various rhythmic patterns and techniques. The notation includes quarter notes, eighth notes, sixteenth notes, and rests. Some exercises feature slurs, ties, and specific rhythmic groupings. The grid is enclosed in a thick black border, and there are three hole-punch marks on the left side.

1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
31	32	33	34	35	36
37	38	39	40	41	42
43	44	45	46	47	48
49	50	51	52	53	54