

**NORTHWESTERN**

**MS**

**BARITONE TC**

**WARM-UP PACKET**

**2018-19**

## BREATHING GYM

### Warm-Up

- Field goal arms, twisting and turning inhaling and exhaling on your own terms
- Shake it off

### 5 in, 15 sip, half and half, ssss!!!

- Inhale in a pattern for 5 beats
  - Quarter, eighths, triplets, sixteenths,
  - Inhale sip for 15
- Exhale release, Capture the air and pause and release again
- Finish the rest of your air with a "sssssss"
- Breath in 1, Sigh out 1

### Inhalation and exhalation

- Inhale for 4 counts with your hand over mouth long ways
- Exhale straight ahead with your palm in front of your face for 4 counts.
- Continue using these patterns
  
- In for 4, out for 4
- In for 3, out for 4
- In for 2, out for 4
- In for 1, out for 4
- In for 1, out for 5
- In for 1, out for 6
- In for 1, out for 7
- In for 1, out for 8
- In for 1, out for 9
- In for 1, out for 10
- Breath in for 1, sigh for 1

Baritone T.C.

# FLOW STUDIES

This page contains nine numbered musical exercises for Baritone T.C. Each exercise is written on a single staff in 4/4 time. The exercises are melodic lines that start with a common rhythmic pattern and gradually become more complex. Each exercise is marked with a long slur and a fermata at the end.

- Exercise 1:** Starts with a half note G4, followed by quarter notes A4, B4, C5, D5, E5, F5, and ends with a half note G5.
- Exercise 2:** Starts with a half note G4, followed by quarter notes A4, B4, C5, D5, E5, F5, G5, and ends with a half note G5.
- Exercise 3:** Starts with a half note G4, followed by quarter notes A4, B4, C5, D5, E5, F5, G5, A5, and ends with a half note G5.
- Exercise 4:** Starts with a half note G4, followed by quarter notes A4, B4, C5, D5, E5, F5, G5, A5, B5, and ends with a half note G5.
- Exercise 5:** Starts with a half note G4, followed by quarter notes A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, and ends with a half note G5.
- Exercise 6:** Starts with a half note G4, followed by quarter notes A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, and ends with a half note G5.
- Exercise 7:** Starts with a half note G4, followed by quarter notes A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, and ends with a half note G5.
- Exercise 8:** Starts with a half note G4, followed by quarter notes A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, and ends with a half note G5.
- Exercise 9:** Starts with a half note G4, followed by quarter notes A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, and ends with a half note G5.



# Trumpet

# Scales

Shawn Gee

$\text{♩} = 100$

Concert Bb Scale

Bb Arpeggios

Musical staff showing the Concert Bb Scale and Bb Arpeggios. The scale is written in B-flat major (two flats) and the arpeggios are in B-flat major.

Bb Thirds

Musical staff showing Bb Thirds exercises in B-flat major.

Concert F Scale

F Arpeggio

Musical staff showing the Concert F Scale and F Arpeggio. The scale is written in F major (one flat) and the arpeggio is in F major.

F Thirds

Musical staff showing F Thirds exercises in F major.

Concert Eb Scale

Musical staff showing the Concert Eb Scale. The scale is written in E-flat major (three flats).

Eb Thirds

Musical staff showing Eb Thirds exercises in E-flat major.

Concert Ab Scale

Musical staff showing the Concert Ab Scale. The scale is written in A-flat major (four flats).

Ab Thirds

Musical staff showing Ab Thirds exercises in A-flat major.

Concert C Scale

Musical staff showing the Concert C Scale. The scale is written in C major (no sharps or flats).

C Thirds

Musical staff showing C Thirds exercises in C major.

Chromatic Scale #1



Chromatic Scale #2



Chromatic #3



8



# Tonguing Exercises

Trumpet/Clarinet

EDHS 2012

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# Rhythm Grid

This rhythm grid consists of 6 rows and 9 columns of musical notation, totaling 54 numbered measures. The notation is written on a five-line staff with a treble clef and a 4/4 time signature. The measures are numbered 1 through 54, with the last measure (54) containing a fermata. The rhythmic patterns are as follows:

| Measure | Rhythm   |
|---------|--|
| 1       | Quarter rest, Quarter note, Quarter note, Quarter note |
| 2       | Quarter note, Quarter note, Quarter note, Quarter note |
| 3       | Quarter note, Quarter note, Quarter note, Quarter note |
| 4       | Quarter note, Quarter note, Quarter note, Quarter note |
| 5       | Quarter note, Quarter note, Quarter note, Quarter note |
| 6       | Quarter note, Quarter note, Quarter note, Quarter note |
| 7       | Quarter note, Quarter note, Quarter note, Quarter note |
| 8       | Quarter note, Quarter note, Quarter note, Quarter note |
| 9       | Quarter note, Quarter note, Quarter note, Quarter note |
| 10      | Quarter note, Quarter note, Quarter note, Quarter note |
| 11      | Quarter note, Quarter note, Quarter note, Quarter note |
| 12      | Quarter note, Quarter note, Quarter note, Quarter note |
| 13      | Quarter note, Quarter note, Quarter note, Quarter note |
| 14      | Quarter note, Quarter note, Quarter note, Quarter note |
| 15      | Quarter note, Quarter note, Quarter note, Quarter note |
| 16      | Quarter note, Quarter note, Quarter note, Quarter note |
| 17      | Quarter note, Quarter note, Quarter note, Quarter note |
| 18      | Quarter note, Quarter note, Quarter note, Quarter note |
| 19      | Quarter note, Quarter note, Quarter note, Quarter note |
| 20      | Quarter note, Quarter note, Quarter note, Quarter note |
| 21      | Quarter note, Quarter note, Quarter note, Quarter note |
| 22      | Quarter note, Quarter note, Quarter note, Quarter note |
| 23      | Quarter note, Quarter note, Quarter note, Quarter note |
| 24      | Quarter note, Quarter note, Quarter note, Quarter note |
| 25      | Quarter note, Quarter note, Quarter note, Quarter note |
| 26      | Quarter note, Quarter note, Quarter note, Quarter note |
| 27      | Quarter note, Quarter note, Quarter note, Quarter note |
| 28      | Quarter note, Quarter note, Quarter note, Quarter note |
| 29      | Quarter note, Quarter note, Quarter note, Quarter note |
| 30      | Quarter note, Quarter note, Quarter note, Quarter note |
| 31      | Quarter note, Quarter note, Quarter note, Quarter note |
| 32      | Quarter note, Quarter note, Quarter note, Quarter note |
| 33      | Quarter note, Quarter note, Quarter note, Quarter note |
| 34      | Quarter note, Quarter note, Quarter note, Quarter note |
| 35      | Quarter note, Quarter note, Quarter note, Quarter note |
| 36      | Quarter note, Quarter note, Quarter note, Quarter note |
| 37      | Quarter note, Quarter note, Quarter note, Quarter note |
| 38      | Quarter note, Quarter note, Quarter note, Quarter note |
| 39      | Quarter note, Quarter note, Quarter note, Quarter note |
| 40      | Quarter note, Quarter note, Quarter note, Quarter note |
| 41      | Quarter note, Quarter note, Quarter note, Quarter note |
| 42      | Quarter note, Quarter note, Quarter note, Quarter note |
| 43      | Quarter note, Quarter note, Quarter note, Quarter note |
| 44      | Quarter note, Quarter note, Quarter note, Quarter note |
| 45      | Quarter note, Quarter note, Quarter note, Quarter note |
| 46      | Quarter note, Quarter note, Quarter note, Quarter note |
| 47      | Quarter note, Quarter note, Quarter note, Quarter note |
| 48      | Quarter note, Quarter note, Quarter note, Quarter note |
| 49      | Quarter note, Quarter note, Quarter note, Quarter note |
| 50      | Quarter note, Quarter note, Quarter note, Quarter note |
| 51      | Quarter note, Quarter note, Quarter note, Quarter note |
| 52      | Quarter note, Quarter note, Quarter note, Quarter note |
| 53      | Quarter note, Quarter note, Quarter note, Quarter note |
| 54      | Quarter note, Quarter note, Quarter note, Quarter note |