

NORTHWESTERN

MS

CLARINET

WARM-UP PACKET

2018-19

BREATHING GYM

Warm-Up

- Field goal arms, twisting and turning inhaling and exhaling on your own terms
- Shake it off

5 in, 15 sip, half and half, ssss!!!

- Inhale in a pattern for 5 beats
 - Quarter, eighths, triplets, sixteenths,
 - Inhale sip for 15
- Exhale release, Capture the air and pause and release again
- Finish the rest of your air with a “sssssss”
- Breath in 1, Sigh out 1

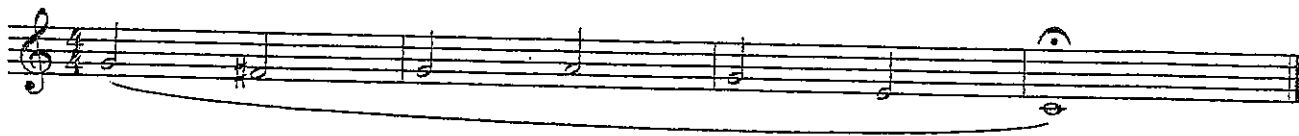
Inhalation and exhalation

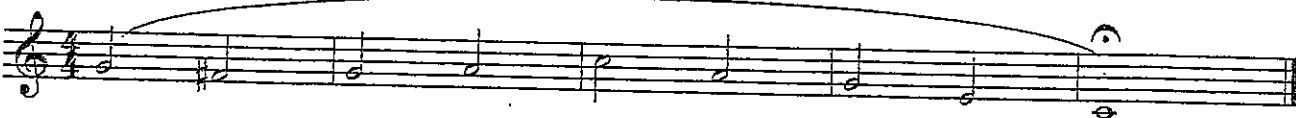
- Inhale for 4 counts with your hand over mouth long ways
- Exhale straight ahead with your palm in front of your face for 4 counts.
- Continue using these patterns

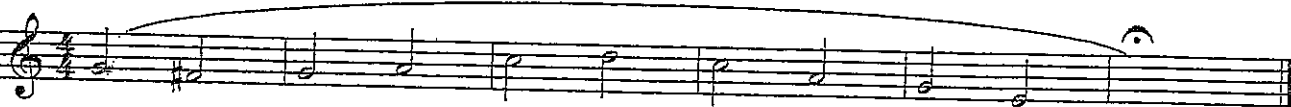
- In for 4, out for 4
- In for 3, out for 4
- In for 2, out for 4
- In for 1, out for 4
- In for 1, out for 5
- In for 1, out for 6
- In for 1, out for 7
- In for 1, out for 8
- In for 1, out for 9
- In for 1, out for 10
- Breath in for 1, sigh for 1


B \flat Clarinet

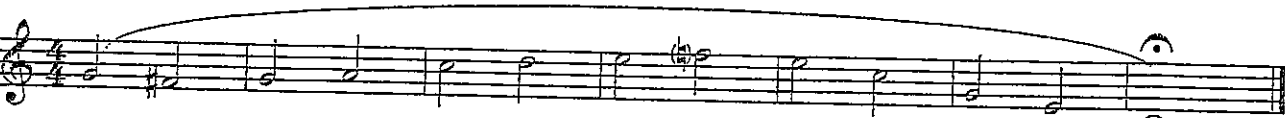
FLOW STUDIES

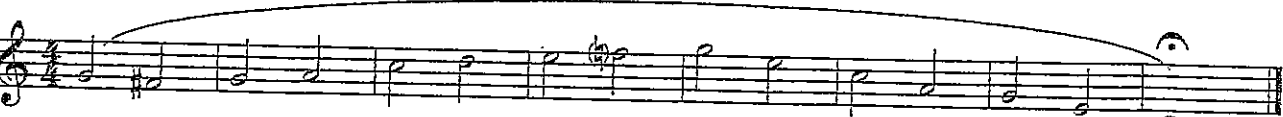
1 


2 


3 

4 

5 

6 

7 

8 

9 

Clarinet / Trumpet Lip Slur Exercises

1

0 — 2 — 1 — 12 — 23

2

0 — 2

1 — 12

23

3

2 — 1 — 1 — 2 — 3

1 — 3 — 123 — 0

Tuning Chords

4

E_b
(T 12 SK) cl
23 - Trpt

D_b
(T 123 P (Left)) cl
123 - Trst

Clarinet

Scales

Shawn Gee

$J = 100$

Concert Bb Scale

Bb Arpeggios

Musical notation for the Concert Bb Scale and Bb Arpeggios. The scale is written in a treble clef with a key signature of two flats (Bb) and a 4/4 time signature. The arpeggios are written in a treble clef with a key signature of two flats (Bb).

Bb Thirds

Musical notation for Bb Thirds. The exercise is written in a treble clef with a key signature of two flats (Bb).

Concert F Scale

F Arpeggio

Musical notation for the Concert F Scale and F Arpeggio. The scale is written in a treble clef with a key signature of one sharp (F#) and a 4/4 time signature. The arpeggio is written in a treble clef with a key signature of one sharp (F#).

F Thirds

Musical notation for F Thirds. The exercise is written in a treble clef with a key signature of one sharp (F#).

Concert Eb Scale

Musical notation for the Concert Eb Scale. The scale is written in a treble clef with a key signature of three flats (Eb) and a 4/4 time signature.

Eb Thirds

Musical notation for Eb Thirds. The exercise is written in a treble clef with a key signature of three flats (Eb).

Concert Ab Scale

Musical notation for the Concert Ab Scale. The scale is written in a treble clef with a key signature of four flats (Ab) and a 4/4 time signature.

Ab Thirds

Musical notation for Ab Thirds. The exercise is written in a treble clef with a key signature of four flats (Ab).

Concert C Scale

Musical notation for the Concert C Scale. The scale is written in a treble clef with a key signature of one sharp (C#) and a 4/4 time signature.

C Thirds

Musical notation for C Thirds. The exercise is written in a treble clef with a key signature of one sharp (C#).

Chromatic Scale #1



Chromatic Scale #2



Chromatic #3



8



Tonguing Exercises

Trumpet/Clarinet

EDHS 2012

①



②



③



④



⑤



⑥



⑦



⑧



Rhythm Grid

This document is a rhythm grid for a 10-measure exercise, organized into 6 columns and 10 rows. Each measure is numbered from 1 to 54. The notation is written on a treble clef staff with a 4/4 time signature. The exercises include various rhythmic patterns such as quarter notes, eighth notes, sixteenth notes, and rests.

Row	Measure 1	Measure 2	Measure 3	Measure 4	Measure 5	Measure 6
1	1	2	3	4	5	6
2	7	8	9	10	11	12
3	13	14	15	16	17	18
4	19	20	21	22	23	24
5	25	26	27	28	29	30
6	31	32	33	34	35	36
7	37	38	39	40	41	42
8	43	44	45	46	47	48
9	49	50	51	52	53	54